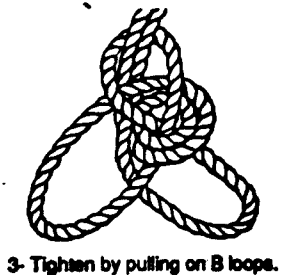
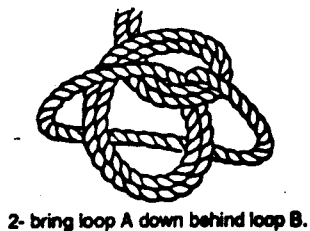
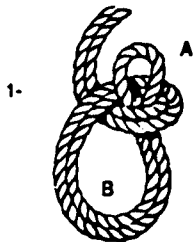


BOWLINE ON A BITE

USE: To lift an injured person.



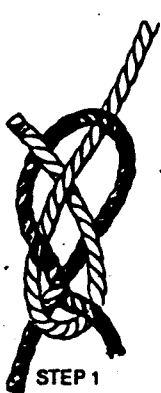
SHEET BEND

USE: To join two light ropes of unequal size.



CARRICK BEND

USE: For joining two heavy ropes.



Finish by seizing each end to the standing part of the rope.

BASIC KNOTS and HOW TO TIE THEM

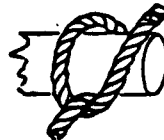
FIGURE EIGHT KNOT

USE: Primarily, to keep the end of a rope from running through a block.



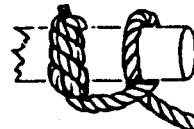
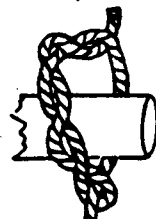
TIMBER HITCH

USE: To hoist or tow cylindrical objects.



1- Put rope around object.

2- Start to twist back on itself.



3- Take about three turns

4- Follow with one or two half hitches.